

**VERNON C. LINDSAY, PhD**  
**Curriculum Vitae**

He/Him/His  
Associate Professor  
American University of Antigua College of Medicine  
Education Enhancement Department  
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Coolidge Antigua and Barbuda

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**EDUCATION**

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2013 PhD, Policy Studies in Urban Education, University of Illinois at Chicago

**Dissertation Title:** “They Schools Ain’t Teachin’ Us:” Black males, Resistance and Education at Uhuru High School”

**Dissertation Chair:** Dr. David Stovall

2005 BA, African American Studies, Minor in Political Science, University of Illinois at Chicago  
Departmental Award for Outstanding Academic Achievement Award Recipient  
Graduate with Distinction

**AWARDS, GRANTS, AND FELLOWSHIPS**

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2022 Excellence in Academic Advising

2016 Honoring Our Professors’ Excellence

2008 - 2012 Diversifying Faculty in Higher Education Fellowship (\$56,000)

2010 Fund for the Advancement of the Discipline Award, American Sociological Association/National Science Foundation (\$3,800)

2008 Martin Luther King, Jr. Scholarship (\$5000)

2005 African American Studies Departmental Award for Outstanding Academic Achievement (\$500)

**PUBLICATIONS**

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**Books**

- 2019 Lindsay, V. "Capoeira, black males, and social justice: A gym class transformed." New York, NY: Peter Lang Press.
- 2018 Lindsay, V. "Critical race and education for black males: When pretty boys become men." New York, NY: Peter Lang Press.

### **Book chapters**

- 2018 Lindsay, V. "Roda real talk: A teacher's effort to use the capoeira circle as a tool to engage youth in critical dialogue." In *Designing for Equity: Bridging Learning and Critical Theories in Learning Ecologies for Youth*. Ben Kirshner, Kris Gutiérrez, Elizabeth Mendoza (Eds.). Age Information Press.

### **Journal Articles**

- 2015 Quiroz, P.A. & Lindsay, V. "Selective enrollment, race and shifting the geography of educational opportunity." *Humanity and Society*. 39(4), 376-393.
- 2015 Lindsay, V. "The class that race built: Putting race at the center of a higher education course to challenge post-racialism in the United States and Brazil." *Journal of Higher Education: Theory and Practice*. 15(7), 11-24.
- 2012 Quiroz, P.A. & Lindsay, V. "Marketing diversity and the 'new' politics of desegregation: Insights from an urban ethnography." *Great Cities Institute*. GCP-2012-1.

### **Self-published books**

- 2021 Lindsay, V. "Dear Brother: 82 Powerful Poems to Guide Your Journey to Healthy Black Masculinity." Middleton, DE: Kindle Direct Publishing
- 2021 Lindsay, V. "The Why Manifesto: A Guide to Help You Discover Your Why and the Manifesto of Why I Write." <https://www.vlindsayphd.com>
- 2021 Lindsay, V. "Island Capoeira: The Capoeira In-tune Guide to Encourage Growth in Isolation." <https://www.vlindsayphd.com/crtblackmales>

### **Forthcoming Manuscripts**

- "The Other Side" A Novel
- "Pedagogical Challenges, Black Reflections, and Masculine Insights from a Caribbean Medical School"
- "Difficult to Swallow: A Father's Experience and Topical Review of Eosinophilic Esophagitis"

### **INVITED PRESENTATIONS**

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### **Academic Conferences**

- 2019 *Capoeira, Black Males, and Social Justice*, Critical Race Studies in Education Conference, University of Southern California
- 2017 *Using Education to Fight for Freedom*, Coalition of Schools Educating Boys of Color, University of Texas-Austin
- 2016 *Race, Resistance, and the African-Brazilian Martial Art of Capoeira*, Racial Justice in Praxis Conference
- 2016 *Creating a higher education course to challenge post-racialism*, American Education Research Association
- 2015 *Experientially Learning the African-Brazilian Martial Art of Capoeira to Discuss Race*, National Conference on Race and Ethnicity in American Higher Education (NCORE)
- 2015 “*They Schools Ain’t Teachin’ Us:*” *Black males, Resistance and Education at Uhuru High School*, American Education Research Association (AERA)
- 2011 *A Closer Look at How Culturally Relevant Physical Education Empowers Youth and Promotes Social Action*, Youth Development Summit, Uplift Community High School
- 2008 *Meeting the Challenge to Diversity: An Action Research Ethnography* (with Dr. Pamela Quiroz And Endea Murry), American Education Research Association (AERA), Section G
- 2008 *From the Supreme Court to the Classroom; Nine Black Males Experience Race at a Selective Enrollment High School Post Brown V. Board of Education* (with Endea Murry), Critical Race Theory Conference: Toward a Critical Race Praxis in Education and Social Life
- 2008 *Maintaining Diversity in the Post-Civil Rights Era: An Action Research Ethnography* (with Dr. Pamela Quiroz and Endea Murry), Great Cities Institute at the University of Illinois at Chicago
- 2008 *Maintaining Diversity in the Post-Civil Rights Era: An Action Research Ethnography* (with Dr. Pamela Quiroz and Endea Murry), International Conference on Teacher Education and Social Justice

### **Kindergarten – Secondary Schools**

- 2022 *Resistance, Capoeira, and Your Community*, Virtual Presentation Baldwin Hills Elementary School Los Angeles, California
- 2021 *Capoeira and Resistance*, Virtual Presentation Baldwin Hills Elementary School, Los Angeles, California

- 2020 *A Reason to Move: Defining Exercise and Explaining the Benefits for your Health and Wellness*, Island Academy, Antigua and Barbuda
- 2017 *Let's Resist! Education as Resistance*, Mt. Eden High School, Hayward, California
- 2016 *Positively Responding to Peer Pressure to Increase Academic Achievement*, Arthur Ashe Elementary, Chicago, Illinois
- 2016 *The Struggle is Real: Helping Black Males Reach Their Full Potential*, Ella Baker College Prep High School, Chicago, Illinois

### **Guest Lectures in Higher Education**

- 2020 *Power, Privilege, and Self-identity*, Virtual Presentation University of California, Sacramento
- 2018 *The Science Behind Academic Writing*, American University of Antigua College of Medicine
- 2016 *I Can't Breathe; Discussions in Race and Environmental Racism*, Prairie State College
- 2016 *Race, Resistance, and Black males in Education*, University of Texas at Austin
- 2013 *"They Schools" Black Males, Race, Education, and Resistance*, Honors 201, University of Illinois at Chicago
- 2013 *Using the African – Brazilian Martial Art of Capoeira to Discuss Race*, Honors College Community Lecture Presentation, University of Illinois at Chicago
- 2013 *Race, Black males and the Performance of Resistance Behaviors in Schools*, Introduction to African - American Studies Guest Lecturer, University of Illinois at Chicago
- 2007 *Hip-Hop Followed Me to Afrika*, Louisiana State University Guest Lecturer Series

### **Special Summits and Events**

- 2022 *Holistic Health and Masculinity*, International Men's Day Summit 2022: Holistic Men's Health, The Directorate of Gender Affairs, Antigua and Barbuda
- 2021 *Health and Masculinity*, International Men's Day Summit 2021: Holistic Men's Health, The Directorate of Gender Affairs, Antigua and Barbuda
- 2019 *Writing, Social Justice, and Building an Online Audience*, Dr. Kevin K. Kumashiro's Writing Workshop and Retreat

- 2019 *An Interactive Capoeira Lesson*, Wadadli World Wellness Expo, Antigua and Barbuda
- 2018 *The Dance-Fight to Inspire Success in Education*, Men of Color Initiative Special Series, University of Wisconsin-Oshkosh

## **RESEARCH PROJECTS**

**Co-investigator**, American University of Antigua, 2021 -

My current study investigates the relationships between transitions and attending medical school in the Caribbean. Along with three other faculty members and one student, I am gathering interview data from students in their second semester of medical school to understand how educational background, familial status, and other socio-economic factors influences preparation for academic success.

**Principal Investigator**, University of Illinois at Chicago, 2015- 2016

I organized a research project that explored the impact of the African Brazilian martial art called Capoeira on young people enrolled at a Chicago middle school. This study involved the collection of interview, observation, teaching artifacts, and journal entry data. I also provided mentorship services to participants and facilitated the after-school program at the research site.

**Research Assistant**, University of Illinois at Chicago, 2007-2011

While in graduate school, I led a research study that used action ethnographic methods to investigate how a cohort of Black males experienced race at a selective enrollment high school. My responsibilities included presenting at professional development trainings, conducting observations, facilitating interviews, writing academic articles, and leading a co-curricular program.

**Research Assistant**, University of Illinois at Chicago, 2010-2011

With a senior faculty member, I evaluated Project CHANCE [Counseling Help and Assistance Necessary for a 21st Century College Education], at the University of Illinois at Chicago. I was responsible for interviewing staff and student participants, analyzing financial documents, observing workshops, and co-authoring a formal report.

## **VIRTUAL PROFESSIONAL LEARNING EXPERIENCES**

- 2023 National Council for Mental Wellbeing, Certified Mental Health First Aider (Adults)  
(<https://www.mentalhealthfirstaid.org>)
- 2022 Florida Atlantic University's Appreciative Advising Institute, Certified Appreciative Advisor  
(<https://www.fau.edu/education/centersandprograms/oea/aai/>)
- 2022 MasterClass Completions (<https://www.masterclass.com>)

Writing for Social Change- Roxane Gay

Mystery and Thriller Writing- David Baldacci

Black History, Black Freedom, and Black Love- Lessons from Influential Black Voices

Fiction and Storytelling- Walter Mosley

Writing- Malcolm Gladwell  
Scientific Thinking and Communication- Neil deGrasse Tyson  
Fantasy and Science Fiction Writing- N. K. Jemisin  
Writing- James Patterson  
Creative Writing- Margaret Atwood  
Mental Strength- Robin Arzón  
The Runner's Mindset- Joan Benoit Samuelson

2021 De-Mystifying Mindfulness, Coursera Platform, Universiteit Leiden

### **Pandemic Inspired Ultra-learning**

2020 The Remote Instructional Design Accelerator, Applied Instructional Design Academy, Led by Senior Instructional Design Consultant Jillian Davidian (<https://www.learningstrategyanddesign.com/academy>)

2020 LinkedIn LYNDIA's Certifications

Articulate 360: Interactive Learning

Articulate Storyline 360: Increasing Learning Engagement

Elearning Techniques: Visual Design

Agile Instructional Design

Become an Instructional Designer

Captivate 9 Essential Training

Tactics for Learner Engagement

Instructional Design: Creating Video Training

Instructional Design: Need Analysis

Instructional Design: Storyboarding

Instructional Design: Working with SMES

Introduction to Screencasting

Measuring Learning Effectiveness

Teaching Techniques: Blended Learning

Teaching Techniques: Writing Effective Learning Objectives

Teaching Techniques: Making Accessible Learning

Instructional Design Essentials: Models ID

Learning Articulate Rise

Learning Management Systems (LMS) Quick Start

Teaching Techniques: Creating Multimedia Learning

The Neuroscience of Learning; Gamification of Learning

Instructional Design Adult Learners

Learning Articulate Storyline 360  
Learning SCORM and Tin Can API

2020 Coursera Certifications

Instructional Design Foundations and Applications University of Illinois at Urbana-Champaign  
Learning to Teach Online, The University of New South Wales  
COVID-19 Contact Tracing, Johns Hopkins University  
Science of Exercise, University of Colorado Boulder  
Introduction to Social Media Marketing, Facebook  
Mindshift: Break Through Obstacles to Learning and Discover Your Hidden Potential;  
McMaster University  
Finding Purpose and Meaning in Life: Living for What Matters Most, University of Michigan  
Introduction to Self-Determination Theory: An Approach to Motivation,  
Development and Wellness, University of Rochester  
Communication Strategies for a Virtual Age, University of Toronto  
The Science of Well-Being, Yale University

2020 Instructional Design and Technology: Learning Theories, University of Maryland EDx

**HIGHER EDUCATION TEACHING POSITIONS**

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**Associate Professor**, American University of Antigua College of Medicine, Antigua and Barbuda, March 2023  
to Present

**Assistant Professor**, American University of Antigua College of Medicine, Antigua and Barbuda, July 2018 to  
March 2023

**Postdoctoral Fellow in Teaching and Mentoring**, University of Illinois at Chicago Honors College, Chicago,  
IL August 2013 to August 2016

**Adjunct Professor**, DePaul University, Chicago, IL July 2015 to September 2016

**Adjunct Professor**, Concordia University, Chicago, IL January 2010 to October 2011

**Teaching Assistant**, Philosophy of Education, University of Illinois at Chicago, Chicago, IL Fall Semester  
2010

**Teaching Assistant**, Youth, Education, and Urban Policy, University of Illinois at Chicago, Chicago, IL Spring  
Semester 2010

**Teaching Assistant**, Introduction to African American Studies, University of Illinois at Chicago, Chicago, IL  
Spring Semester 2013

***Academic Courses Taught:***

Diversity, Equity, Inclusion, and Accessibility in Medical Education

Seminar 1 and 2: Graduate Topics in Medical Education

Cognitive Processing Course: Research-proven Strategies Towards Learning for Mastery

Reboot: Academic Study Skills and Strategies for Success

Honors 101: Introduction to the UIC Honors College

Honors 121: Zero Tolerance: Youth, Education and Urban Policy

Honors 123: Race, Racism, Power and Education in the United States

Honors 127: The Art of Human Expression in the United States and Brazil

Honors 201: Career Foundations for the Future

Honors 201: Race, Class and Gender in Martial Art Traditions: Using Intersectionality to Explore Martial Art Traditions from Capoeira to Bruce Lee's Jeet Kune Do

Bridge Program: Race, Racism, Power and Hip-Hop

Education 6526: Socially, Culturally, and Linguistically Diverse Students

Sociology 6620: Cross-cultural Studies

English Language Learners 100: Creativity and Poetry in the English Language

English Language Learners 200: Conversational English for English Language Learners

**ADDITIONAL TEACHING ROLES**

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**Remote Instructor**, Embarc, Chicago, IL May 2021 - June 2021

**Virtual Teacher**, Central Michigan University's McNair Scholars' Summer Program, Mt. Pleasant, Michigan May 2021 - August 2021

**After-school Capoeira Teacher**, Knowledge Is Power Program (KIPP) Bloom College Prep, Chicago, IL  
September 2013 to June 2015

**K-7 Physical Education Teacher and Capoeira Coordinator**, Village Leadership Academy, Chicago, IL,  
August 2009 to June 2013

**HIGHER EDUCATION AND NON-PROFIT LEADERSHIP ROLES**

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**Research Coordinator**, Education Enhancement Department American University of Antigua  
College of Medicine, Antigua and Barbuda, 2020 - 2021



**Coordinator**, Peer Mentor Program, Education Enhancement Department American University of Antigua College of Medicine, Antigua and Barbuda, 2019 - Present

**Faculty Advisor**, AUA Student Ambassadors, American University of Antigua College of Medicine, Antigua and Barbuda, 2019 - Present

**Faculty Advisor and Instructor**, Fit Club, American University of Antigua College of Medicine, Antigua and Barbuda, 2019 - Present

**Co-host**, AUA Healthy Perspectives Television Show, Episodes available on YouTube:  
<https://www.youtube.com/watch?v=u8QdckqLbFg>, 2019 - Present

**Director**, Men's Cave Mentoring Initiative, Education Enhancement Department American University of Antigua College of Medicine, Antigua and Barbuda, 2018 – Present

**Vice President of Faculty Senate Committee**, Education Enhancement Department American University of Antigua College of Medicine, Antigua and Barbuda, 2019 - 2021

**Director and Instructor**, Capoeira Club, Education Enhancement Department American University of Antigua College of Medicine, Antigua and Barbuda, 2018 - 2020

**Faculty Advisor**, Capoeira Student Club, University of Illinois at Chicago, Chicago, IL 2013 - 2016

**Co-director of the Chicago Signature Honors Program**, Honors College, University of Illinois at Chicago, Chicago, IL 2013 - 2016

**Case Manager**, Metropolitan Family Services - Calumet, Chicago, IL 2006 - 2007

**Service Coordinator**, Metropolitan Family Services - Calumet, Chicago, IL 2007

## **Blog**

2022 - Since 2017, I have uploaded weekly blog posts to: <https://www.vlindsayphd.com/blog>

**Selected Online Op-ed Articles from *The Good Men Project*, *Entrepreneur*, *Thrive Global*, and *Addicted2Success***

## ***The Good Men Project***

2019 Lindsay, V. "I am a Capoeirista." *The Good Men Project*. Retrievable from:  
<https://goodmenproject.com/author/vernon-lindsay/>

- 2019 Lindsay, V. "Black History is Every Day." *The Good Men Project*. Retrievable from: <https://goodmenproject.com/author/vernon-lindsay/>
- 2019 Lindsay, V. "Man on the Radio." *The Good Men Project*. Retrievable from: <https://goodmenproject.com/author/vernon-lindsay/>
- 2019 Lindsay, V. "A Man's Routine." *The Good Men Project*. Retrievable from: <https://goodmenproject.com/author/vernon-lindsay/>
- 2019 Lindsay, V. "Dear Mr. Failure." *The Good Men Project*. Retrievable from: <https://goodmenproject.com/author/vernon-lindsay/>
- 2019 Lindsay, V. "They Call Me Rastaman." *The Good Men Project*. Retrievable from: <https://goodmenproject.com/author/vernon-lindsay/>
- 2019 Lindsay, V. "Men Without Tears." *The Good Men Project*. Retrievable from: <https://goodmenproject.com/author/vernon-lindsay/>
- 2019 Lindsay, V. "Men Don't Give Up on Their Dreams." *The Good Men Project*. Retrievable from: <https://goodmenproject.com/author/vernon-lindsay/>
- 2019 Lindsay, V. "A Father's Eyes." *The Good Men Project*. Retrievable from: <https://goodmenproject.com/author/vernon-lindsay/>
- 2019 Lindsay, V. "Why, Jussie, Why?" *The Good Men Project*. Retrievable from: <https://goodmenproject.com/author/vernon-lindsay/>
- 2019 Lindsay, V. "For Smollett and Other Men with Limitless Potential." *The Good Men Project*. Retrievable from: <https://goodmenproject.com/author/vernon-lindsay/>
- 2019 Lindsay, V. "Dad's Love Language." *The Good Men Project*. Retrievable from: <https://goodmenproject.com/author/vernon-lindsay/>
- 2019 Lindsay, V. "Two Strategies for Men Looking to Improve." *The Good Men Project*. Retrievable from: <https://goodmenproject.com/author/vernon-lindsay/>
- 2019 Lindsay, V. "Barber for Hire." *The Good Men Project*. Retrievable from: <https://goodmenproject.com/author/vernon-lindsay/>
- 2018 Lindsay, V. "Black Churches, Technology, and Leadership." *The Good Men Project*. Retrievable from: <https://goodmenproject.com/author/vernon-lindsay/>
- 2018 Lindsay, V. "Bruce Lee, Purpose, and Water." *The Good Men Project*. Retrievable from: <https://goodmenproject.com/author/vernon-lindsay/>
- 2018 Lindsay, V. "A Man of My Word." *The Good Men Project*. Retrievable from: <https://goodmenproject.com/author/vernon-lindsay/>
- 2018 Lindsay, V. "Dad's Leadership." *The Good Men Project*. Retrievable from: <https://goodmenproject.com/author/vernon-lindsay/>

- 2018 Lindsay, V. "Airplane Travels, BART Tragedies, and Bike Reflections." *The Good Men Project*. Retrieval from: <https://goodmenproject.com/author/vernon-lindsay/>
- 2018 Lindsay, V. "A Father Who Loves." *The Good Men Project*. Retrieval from: <https://goodmenproject.com/author/vernon-lindsay/>
- 2018 Lindsay, V. "From Gratitude Walks to Masculinity Convictions." *The Good Men Project*. Retrieval from: <https://goodmenproject.com/author/vernon-lindsay/>
- 2018 Lindsay, V. "Mr. Responsibility Goes to Jail" *The Good Men Project*. Retrieval from: <https://goodmenproject.com/author/vernon-lindsay/>
- 2018 Lindsay, V. "A Man Unplugged." *The Good Men Project*. Retrieval from: <https://goodmenproject.com/author/vernon-lindsay/>
- 2018 Lindsay, V. "A Future Without Last and First Men." *The Good Men Project*. Retrieval from: <https://goodmenproject.com/author/vernon-lindsay/>
- 2018 Lindsay, V. "How Black Panther Defines Success for Fathers." *The Good Men Project*. Retrieval from: <https://goodmenproject.com/author/vernon-lindsay/>
- 2018 Lindsay, V. "A Man With a Vision." *The Good Men Project*. Retrieval from: <https://goodmenproject.com/author/vernon-lindsay/>
- 2018 Lindsay, V. "Leaving the Tunnel to Become a Better Man." *The Good Men Project*. Retrieval from: <https://goodmenproject.com/author/vernon-lindsay/>
- 2018 Lindsay, V. "A Disciplined Man is a Successful Man." *The Good Men Project*. Retrieval from: <https://goodmenproject.com/author/vernon-lindsay/>
- 2018 Lindsay, V. "Between Coates, Me, and Eight Years in Power." *The Good Men Project*. Retrieval from: <https://goodmenproject.com/author/vernon-lindsay/>
- 2018 Lindsay, V. "Schools, Black Males, and Success." *The Good Men Project*. Retrieval from: <https://goodmenproject.com/author/vernon-lindsay/>
- 2018 Lindsay, V. "A Man Full of Fear." *The Good Men Project*. Retrieval from: <https://goodmenproject.com/author/vernon-lindsay/page/2/>
- 2018 Lindsay, V. "Five Ways to Empower Black Males." *The Good Men Project*. Retrieval from: <https://goodmenproject.com/author/vernon-lindsay/page/2/>
- 2018 Lindsay, V. "Grunts and Growing Into a Healthy Man." *The Good Men Project*. Retrieval from: <https://goodmenproject.com/author/vernon-lindsay/page/2/>
- 2018 Lindsay, V. "For Men Who Reflect, Identify, and Delegate." *The Good Men Project*. Retrieval from: <https://goodmenproject.com/author/vernon-lindsay/page/2/>

- 2018 Lindsay, V. “Three Strategies for Men to Achieve Personal Development Success in 2018.” *The Good Men Project*. Retrieval from: <https://goodmenproject.com/author/vernon-lindsay/>
- 2017 Lindsay, V. “#takeaknee, #raiseafist: NFL men, I support you.” *The Good Men Project*. Retrieval from: <https://goodmenproject.com/author/vernon-lindsay/>
- 2017 Lindsay, V. “Man, I’m on HGTV” *The Good Men Project*. Retrieval from: <https://goodmenproject.com/author/vernon-lindsay/>
- 2017 Lindsay, V. “The man, the myth, and the false legend of Columbus followed me to Mexico!” *The Good Men Project*. Retrieval from: <https://goodmenproject.com/author/vernon-lindsay/>
- 2017 Lindsay, V. “Five ways to empower Black males.” *The Good Men Project*. Retrieval from: <https://goodmenproject.com/author/vernon-lindsay/>
- 2017 Lindsay, V. “From a young man’s tragedy to my creativity.” *The Good Men Project*. Retrieval from: <https://goodmenproject.com/author/vernon-lindsay/>
- 2017 Lindsay, V. “My legacy as a husband, father, and entrepreneur.” *The Good Men Project*. Retrieval from: <https://goodmenproject.com/author/vernon-lindsay/>
- 2017 Lindsay, V. “How one man’s life can open up the door for others.” *The Good Men Project*. Retrieval from: <https://goodmenproject.com/author/vernon-lindsay/>
- 2017 Lindsay, V. “Two gratitude actions for men after Thanksgiving.” *The Good Men Project*. Retrieval from: <https://goodmenproject.com/author/vernon-lindsay/>
- 2017 Lindsay, V. “A letter to my sons.” *The Good Men Project*. Retrieval from: <https://goodmenproject.com/author/vernon-lindsay/>
- 2017 Lindsay, V. “When pretty boys become men.” *The Good Men Project*. Retrieval from: <https://goodmenproject.com/author/vernon-lindsay/>

### ***Entrepreneur***

- 2018 Lindsay, V. “Three Lessons You’ll Learn by Writing a Book About Your Business.” *Entrepreneur*. Retrieval from: <https://www.entrepreneur.com/article/314259>
- 2018 Lindsay, V. “Skip the Avengers: Why Entrepreneurs Should Watch ‘Black Panther’ Again Instead.” *Entrepreneur*. Retrieval from: <https://www.entrepreneur.com/article/309482>
- 2018 Lindsay, V. “Three suggestions for cultivating your leadership potential.” *Entrepreneur*. Retrieval from: <https://www.entrepreneur.com/article/307264>

### ***Thrive Global***

- 2019 Lindsay, V. “Habits and Thinking Differently.” *Thrive Global*. Retrieval from: <https://thriveglobal.com/authors/vernon-c-lindsay-phd/>

- 2019 Lindsay, V. "How My Family's Foreclosure Made Me Thankful for the Small Things." *Thrive Global*.  
Retrievable from: <https://thriveglobal.com/authors/vernon-c-lindsay-phd/>
- 2018 Lindsay, V. "Taxes Without Procrastination." *Thrive Global*. Retrievable from:  
<https://www.thriveglobal.com/authors/2704-vernon-c-lindsay-phd>
- 2018 Lindsay, V. "Vlogging is an Act of Gratitude." *Thrive Global*. Retrievable from:  
<https://www.thriveglobal.com/authors/2704-vernon-c-lindsay-phd>
- 2017 Lindsay, V. "I am not a machine!: How I made the decision to leave it all behind." *Thrive Global*.  
Retrievable from: <https://thriveglobal.com/authors/vernon-c-lindsay-phd/>
- 2017 Lindsay, V. "Finding my life's callings on the other side of Trump's Wall." *Thrive Global*.  
Retrievable from: <https://thriveglobal.com/authors/vernon-c-lindsay-phd/>

### ***Addicted2Success***

- 2017 Lindsay, V. "Three ingredients to create the life of your dreams." *Addicted2Success*. Retrievable from:  
<https://addicted2success.com/life/3-ingredients-to-create-the-life-of-your-dreams/>

## **ENTREPRENEURIAL RELEVANT EXPERIENCES**

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### **Remote Instructional Designer, UCA Chicago L3c, September 2019 to Present**

- Design and develop Elearning courses using Articulate's Storyline 360
- Create and facilitate Instructor Led courses (ILT) with PowerPoint presentations and facilitator guides
- Produce training design documents and storyboards aligned with student-centered learning objectives  
(View my portfolio at this website: <https://www.vlindsayphd.com/id>)

### **Blogger, Vlogger, and Martial Arts Teacher, UCA Chicago L3c, April 2013 to Present**

- Write weekly blog posts and publish to [www.vlindsayphd.com/blog](http://www.vlindsayphd.com/blog)
- Shoot, edit, and publish content for YouTube, Facebook, and Instagram platforms
- Teach the martial art of Capoeira to adults and children

## **PROFESSIONAL and COMMUNITY SERVICES**

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### **Committees**

- 2021 - Executive Committee Member; Faculty Senate, American University of Antigua College of Medicine
- 2020 - Member; Professional Standards Committee, American University of Antigua College of Medicine
- 2019 - Member; Health and Wellness Committee, American University of Antigua College of Medicine
- 2013 - 2014 Member; Truman Scholarship Selection Committee, University of Illinois at Chicago

2014 - 2015 Member; Sally and Kevin Desouza Family Scholarship Selection Committee, University of Illinois at Chicago

2014 - 2015 Member; Sister Dorothy Drobis Award Selection Committee, University of Illinois at Chicago

### **Journal Reviews**

2021 Reviewer; Special Issue: Hand-to-hand sports and the struggle for belonging, *Ethnography*, Sage Publications 22 (3)

2008 - 2009 Reviewer; University of Illinois at Chicago: Education and the Public Good: Interdisciplinary Trends in Emerging Scholarship

### **Volunteer Contributions**

2022 Videographer/Photographer for the Antigua and Barbuda National Swim Team, 30<sup>th</sup> OECS Swimming Championship Meet, St. Lucia

2022 Timer, 7<sup>th</sup> Annual International Swimming Championship, Antigua and Barbuda

2022 Lifeguard Assistant, Jumby Bay to Antigua Shark Bait Swim, Antigua and Barbuda

2021 Youth Capoeira Teacher, New Life Church, Antigua and Barbuda

2019 - Capoeira Professor, Capoeira Mar Verde, Virtual classes and in-person at local beaches, parks, events, and gyms in Antigua and Barbuda ([www.capoeiraantigua.com](http://www.capoeiraantigua.com))

2019 Que Coordinator, American University of Antigua College of Medicine Health Fair, Antigua and Barbuda

2016 - 2017 ELL Teaching Assistant; Colegio El Pacifico, Mazatlán, Sinaloa Mexico

2006 - 2009 Saturday School Teacher, Mary McLeod Bethune Saturday School, Chicago, Illinois, United States

2006 March Participant, United Nations World Food Program, Mekelle Tigray, Ethiopia

2004 - 2006 English Poetry Teacher and Community Liaison, Mekelle University of Technology, Mekelle, Tigray, Ethiopia

### **LANGUAGES and SKILLS**

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Native English Speaker, Intermediate Portuguese and Spanish

Articulate's Storyline 360

Final Cut Pro

Canva

Teams

Articulate's Rise  
Microsoft Office Suite

iMovie  
Adobe Acrobat DC

Zoom  
Skype for Business

## **EXTRACURRICULAR ACTIVITY HIGHLIGHTS**

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2022 American University of Antigua College of Medicine Talent Show; Performer, Antigua and Barbuda  
2022 Shoreline Marathon, Competitor; Ventura, California, United States  
2022 Hurricane Power Athletics 10k, Competitor; Antigua and Barbuda  
2021 Run in Paradise Marathon, Competitor; Antigua and Barbuda  
2020 Rohrman Triathlon, Competitor; Antigua and Barbuda  
2020 Mud the Halls Obstacle Course Challenge, Group Competitor; Antigua and Barbuda  
2019 Graduated to Professor with the United Capoeira Association; Berkeley, California, United States  
2009 Chicago Marathon, Competitor; Chicago, Illinois, United States  
2008 Chicago Marathon, Competitor; Chicago, Illinois, United States

## **Media Coverage**

99.1 FM Pointe Radio  
CNBC's Make It  
The Global Podcast  
52 Conversations with Janis Hough  
Inspiration for The Nation with George Kilpatrick  
The Dr. Vibe Show  
Naturally Curly  
Nomadtopia Radio

## **References**

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